



Dr. Todd C. Spurling, DC

Dr. Spurling was born and raised in Dubuque, Iowa. He went to Holy Ghost Grade School and graduated with the class of 1982 from Hempstead High School. He did his undergraduate education at Clarke College, Marycrest College, Scott Community College and University of Iowa. He graduated with his Doctorate in 1987 from Palmer College in Davenport, Iowa. He began his career with his brother Dr. Gordon Spurling in Pasadena, California before returning to Dubuque and practicing with Sullivan Chiropractic in 1988. He married Jane (Herron) Spurling in 1989 and started Spurling Chiropractic. He later worked with Dr. J. Bradley Brooks, DC at University Chiropractic and co-founded Acute Care Physicians Plus and Chiropractic Rehab & Neurology Clinic in Asbury Square. Dr. Spurling currently works with Dr. Greg Lettman and Dr. Lee Smith at Lettman Chiropractic Rehab on the corner of John F. Kennedy and Foothill Rd.



Dr. Lee Smith, D.C

Born and raised in Dubuque, Dr. Lee Smith has been proudly serving his community as a chiropractor since graduating from Palmer College in 2001. With over two decades of experience, Dr. Smith practices Palmer Package, offering a variety of chiropractic techniques tailored to each patient's needs, including adjustments for both the spine and extremities.

Beyond the clinic, Dr. Smith and his wife Jennifer have three wonderful children: Cali, Jax and Cam. Dr. Smith is a dedicated husband and family man, he enjoys spending time outdoors with his family, especially on the boat. Dr. Smith enjoys making the most of Iowa's beautiful seasons while fishing with his family and friends. Whether helping patients find relief from pain or guiding them towards better overall health, Dr. Smith is passionate about improving lives through gentle, effective chiropractic care.



Dr. Gregory Lettman, D.C

Our founder, Dr. Greg Lettman, started his chiropractic journey when he was tackled while playing football in his early 20s and he couldn't get in his car and drive without pain and numbness. After months of seeking medical care, he was referred to a chiropractor and had amazing results, which transformed him and his perspective. He established Lettman Chiropractic Rehab in Dubuque in 2006, and we've had your back ever since.

Dr. Greg Lettman was born in Richland Center, WI and raised in Bloom City. Dr. Lettman is a proud army veteran, proud husband to his wife Norma Ray of 35 years. Together they have a son and a daughter, as well as 4 beautiful grandchildren. Dr Lettman graduated with his Bachelor of Science from the University of Maryland while enrolled in Palmer University for his Doctor of Chiropractor. Dr. Lettman started practicing chiropractic in 2004, he started his own chiropractic business in 2006, now called Lettman Chiropractic Rehab. When not in the office, Dr. Lettman loves spending time with his family, especially his grand babies. Dr. Lettman also helps coach wrestling camps as well as travel baseball teams.